



# STERLING PHYSICAL THERAPY & WELLNESS

A COMPANY OF CARTERA HEALTH

[www.sterlingtherapy.com](http://www.sterlingtherapy.com)

## PATIENT REFERRAL

Patient's Name: \_\_\_\_\_

Patient's Phone: \_\_\_\_\_

Date: \_\_\_\_\_

Diagnosis / ICD-10 Code: \_\_\_\_\_

Precautions / Contraindications: \_\_\_\_\_

### TREATMENT:

- Active / Passive Range of Motion
- Strengthening / Flexibility
- Manual Therapy
- Aquatic Therapy
- TMJ Therapy

### MODALITIES:

- Hot Pack/Cold Packs
- Spinal Decompression
- Iontophoresis
- Ultrasound
- Taping (Kinesio or Patellar)
- Electrical Stimulation

### SPECIALTY PROGRAMS:

- Workers Comp / FCE's / Fit for Duty
- Dry Needling
- Back Program
- Partner Assisted Stretch Therapy
- Diagnostic Testing (MSKUS)
- Vestibular / Balance Therapy

### GOALS:

- Decrease Pain
- Return to Normal Daily Activities
- Return to Work
- Return to Sports

Preferred Setting:     Clinic     Home     VIP Luxury Mobile Service

Treatment Frequency:     Daily     3x/Wk     2x/Wk

Treatment Duration:     1Wk     2 Wks     3Wks     4Wks     \_\_\_\_\_ Wks

Additional Comments: \_\_\_\_\_

**I certify the above services are required by this patient on an outpatient basis.**

\_\_\_\_\_  
Physician Signature

MD / DO / PA / NP-C / DC

Physician Name (Printed): \_\_\_\_\_

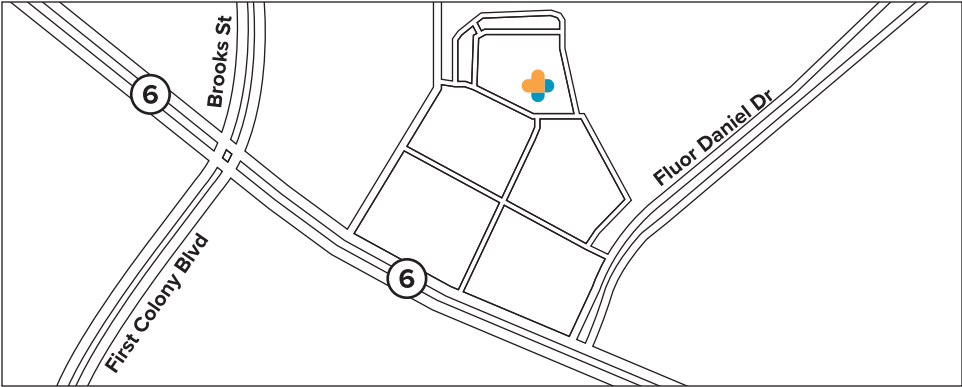
License Number: \_\_\_\_\_

### PREFERRED LOCATION

**SUGAR LAND**  
1449 Highway 6  
Suite 260  
Sugar Land, TX 77478  
P: 281-240-3140  
F: 281-605-5075

**STAFFORD**  
12603 Southwest Fwy  
Suite 602  
Stafford, TX 77477  
P: 832-333-3360  
F: 888-801-5606

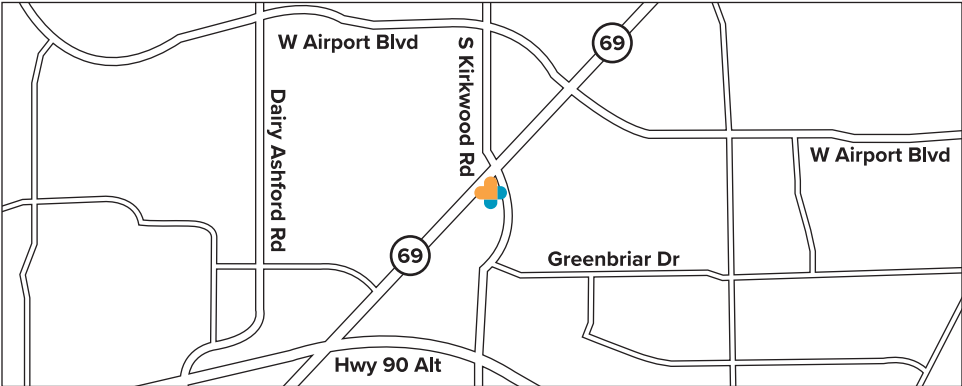
**BELLAIRE**  
5101 Bellaire Blvd  
Suite 265  
Bellaire, TX 77401  
P: 281-240-3140  
F: 281-605-5075



**SUGAR LAND**  
 1449 Highway 6  
 Ste 260  
 Sugar Land, TX 77478

**MON / WED**  
 7:00 am - 4:30 pm  
**TUES / THURS**  
 9:00 am - 6:30 pm

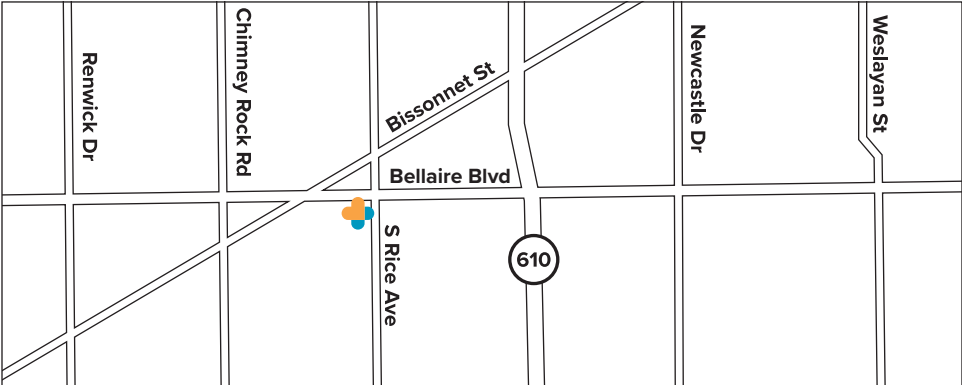
**FRI**  
 7:00 am - 12:00 pm  
**SAT**  
 8:00 am - 12:00 pm



**STAFFORD**  
 12603 Southwest Fwy  
 Suite 602  
 Stafford, TX 77477

**MON / WED**  
 7:00 am - 4:30 pm  
**TUES / THURS**  
 9:00 am - 6:30 pm

**FRI**  
 7:00 am - 12:00 pm  
**SAT**  
 8:00 am - 12:00 pm



**BELLAIRE**  
 5101 Bellaire Blvd  
 Suite 265  
 Bellaire, TX 77401

**MON / WED**  
 7:00 am - 4:30 pm  
**TUES / THURS**  
 9:00 am - 6:30 pm

**FRI**  
 7:00 am - 12:00 pm  
**SAT**  
 8:00 am - 12:00 pm